

# **THE GLORY OF SHIRDI SAI**

**Seventh Year of Publication**

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**UGADI/GUDIPADWA & SREE RAMA NAVAMI SPECIAL**

**WITH SAI KRUPA**

**“SAIDARBAR” STEPS IN TO ELEVENTH YEAR**

**&**

**“THE GLORY OF SHIRDI SAI” ENTERS THE SEVENTH YEAR**

**[WISH YOU ALL A HAPPY UGADI- GUDI PADWA & SREE RAMA NAVAMI](#)**

**GURUR-BRAHMA, GURUR-VISHNUH; GURU-DEVO MAHESWARAHA;**

**GURUR-SAKSHATH PARAM BRAHMA; THASMAI SREE GURAVE NAMAHA:**

**THIS ISSUE CONTAINS:**

- 1. FROM THE SATSANGHS OF SAIBANISA JI**
- 2. SAI'S NEWS FROM TIME MACHINE**
- 3. SAI IN DREAMS**
- 4. QUINTESENCE OF SRI SAIBABA'S PHILOSOPHY**
- 5. IN THE DAYS OF SHRI SHIRDI SAIBABA**
- 6. DEVOTEES EXPERIENCES**
- 7. SAI WITH CHILDREN**
- 8. SPIRITUAL GEMS FROM SAI SATCHARITRA**
- 9. ARTICLES FROM SAI DEVOTEES**
- 10. LETTERS FROM SAI DEVOTEES**
- 11. SAI'S BOOK WORLD**
- 12. EDITORIAL**

## **1. FROM THE SATSANGHS OF SAIBANISA JI**

### **FOUNDATION STONES FOR THE SPIRITUAL LIFE**

31. At the end of the day, you should summarize your activities and conduct. Question self whether you have behaved like an animal or a human being. You should once for all decide not to repeat the bad again.
32. As a human being, in your day to day activities sometime or other, you are bound to get angered, but it should be like a fire to a small piece of paper.
33. If you say that he is my man and the other one is my opponent's man that shows your mean mentality. Shun it.
34. When plants and animals are living in nature with the quality of sacrifice, why not human beings?
35. You should be away from the persons who are ungrateful in nature, the murderers of children and trouble creators in the society.
36. You should not be contended with education, penance and charities alone in society. You should feel contended with your money, your homely food and spouse.
37. In the birth and death cycle, there is no guarantee that you will take the birth as a human being again. To be born again as a human being which alone will give a chance to realize God, Always chant the name of God and tread the right path.
38. If you want to maintain a contended life – you must develop an attitude to help others, use the wisdom in your work and do not aspire for ambitions that are beyond reach.
39. Unless you avoid unnecessary disputes in the society, aspiring other's money and women, you cannot travel in the spiritual path.
40. If you maintain a tree called BAD qualities it will give the fruits such as sorrow, unhappiness and disease. So try to maintain a tree called GOOD qualities which you will give fruits such as pleasure, happiness and good health.

## **2. SAI'S NEWS FROM THE TIME MACHINE:**

March 1917- (Holi). Baba appeared to Hemadripanth in dream and said that he would come for meals that day and finally he arrived in the form of a picture.

March 1988- Swami Ram Baba a noted devotee associated with Baba left his mortal coil at Bombay.

### **3. SAI IN DREAMS:**

These are the dream sequences and messages as received by SaiBaNiSaji From our beloved GURU LORD SAINATH OF SHIRDI. In Anticipation that this feature will help in one's spiritual growth are hereby compiled from his personal Diary and presented to SAIBANDHUS.

Translated and presented by **RAGHU RAMAN SATULURY.**

#### **MAY -1996**

##### **16-05-1996- Thursday-08:00 Hrs.**

With Yesterday's Sai's words that HE will catch the thieves and assurance that everything will go well, I was mentally prepared for the surgery. I was instructed by the Doctor on duty to get ready for the operation scheduled to begin at 14:00 hrs. Today happens to be Thursday, the most sought after by Sai devotees. I was hoping for the certain success and waiting for the moment to arrive.

##### **16-05-1996-Thursday- 21:00 Hrs**

Even though, I was waiting ready from 13:00 Hrs, I was not taken to the theatre up to 17:00 Hrs. On 14-05-1996, Baba advised to go for surgery during daytime, but I was told that surgery will begin at 18:00 Hrs and continue till midnight. I was little bit upset and worried on the latest development. My wife, children and friends wished me for the best and sent me into the operation theatre. I thought if there is truth Sai's word, this operation should be stalled for the night. I prayed Baba lying on the table. Junior Doctors were preparing me for the operation. I was literally scared and prayed Baba to see that operation does not take place today. It was 7:00 PM and the telephone in the theatre gave a ring. The news was that leading surgeon Dr. Prasada Rao is not in a position to attend the surgery and hence the operation is postponed for the next day's morning at 10:00 Hrs. The theatre nurse informed me of the change. I believed that Sai heard my prayers and re-scheduled the operation, establishing HIS presence and control. I have gone through the few words I scribbled in my diary before entering the operation theatre, which read like this-

“Today, I am going to fight a battle with death. Shirdi Sai is by my side, if I come out with life, it is purely due to Sai's grace. I felt that Sai has saved me from most untoward by postponing the surgery. I offered my prayers to HIM and waiting for the next day to dawn.

**Sai's words mean unfailing actions.**

##### **17-05-1996-Friday, 08:00 Hrs (Amavash- No Moon day)**

My mother told me that it was Amavash. For any work to begin, today is not auspicious, but still Sai advised me to get operated today in the morning hours. I took it, as Sai wanted to remove darkness cast from my life. Again Sai appeared in the form of a saint and said-

A new lease of life will come to you from now onwards. Henceforth, do not accept money favors from anybody. Money is not the only thing in life. Slowly develop habit to practice detachment. Travel in the path shown by me.

I was getting ready to enter the operation theatre. I took a vow that I shall again commence writing this diary if I am able to come back after successful surgery and reunite with all my Saibandhus. If it happens the other way, in that case this will be my last page in the diary. --Jai Sairam.

**Every moment is auspicious to make a good beginning.**

**To be continued.....**

#### **4. QUINTESENCE OF SRI SAIBABA'S PHILOSOPHY:**

(By Late Sri Bharam UmamaheswaraRao)

"Shashi": [shashi\\_31@yahoo.com](mailto:shashi_31@yahoo.com)

### **32. Significance of Meditation**

#### **Preliminaries to Meditation**

#### **How to Practice Concentration on God Daily?**

Due to worldly pleasures, you are unable to control your mind and senses in meditation. When the mind is purified, attachment of the mind for the perishable will go and your mind becomes pure. Mind can be controlled by practice and dispassion. Out of these two, for meditation, practice is more essential. When your aim is to realize God, concentration of mind in the meditation is more essential. Then only you can go into trance. In that state there is no affinity for objects, then you can realize yourself and from there onwards there will be no deviation.

During meditation, if your body moves, your mind also moves. When the mind is unsteady, your senses, breath and body get disturbed and thereby you will not get concentration. If you meditate by keeping your mind steady you will get concentration. If you merge all your parts of your body in Atman, you will then get steadiness. Without doing any of these, you are unnecessarily getting worried that you are not getting concentration in meditation.

**To be continued.....**

## **5. IN THE DAYS OF SHRI SHIRDI SAIBABA**

### **SREERAMA-NAVAMI FESTIVAL from Sai Satcharita-Chapter VI**

This day was very dear and sacred to the devotees of Sai Baba. Most of them turned out on the occasion, and took a leading part in the management of the fair. Taty Kote Patil looked to all outward affairs, while the internal management was entirely left to one Radha Krishna Mai, a female devotee of Baba. Her residence was full of guests on the occasion, and she had to look to their needs, and also to arrange for all the paraphernalia of the fair. Another work, which she willingly did, was to wash out and clean and white-wash the entire Dwarakamai, its walls and floor, which were blackened and were full of soot on account of the ever-burning Dhuni (sacred fire) of Sai Baba. This work, she did during the night, when Sai Baba went to sleep every alternate day in the Chavadi. She had to take out all the things, including even the Dhuni, and after thorough cleaning and whitewashing replace them, as they were before. Feeding the poor, which was so dear to Sai Baba, was also a great item in this fair. For this purpose, cooking, on a grand scale and preparing various sweet dishes, was done in Radha-Krishna Mai's lodging, and, various rich and wealthy devotees took a leading part in this affair.

### **Sree Ram Navami 04-04-2009**

The birthday of Rama Chandra is observed on the 9th of the light half of the month Chaitra (March-April) and is kept by some as a strict fast. It was on this day that Vishnu incarnated as Rama through Dasharat's wife Kaushalya. This day is also important because the celebrated Sanskrit poet Tuli Dasa started composing his classic Ram Charit Manas. The devotees take a bath in Saryu River on this day. The fast on this day reminds us about the righteousness of Rama, his devotion to his teacher, removal of casteism, shelter to the refugee, brotherhood, devotion to parents, monogamy, devotion to the master by Hanuman and Angad, dutiful devotion of huge bird Garud. The temples of Rama are illuminated and his image adorned with costly ornaments. The Ramayana is read in the temples and Naches (nautches) are kept up during the night of the 9th. The celebration concludes on the 10th.

## **6. DEVOTEES EXPERIENCES:**

### **Baba appeared to a non-devotee**

Peace be with you all.

I would like to share this experience with all Sai Devotees. I am a devotee of Sai Baba since child hood. I often conduct prayer meetings at my home. One of the attendees, a woman asked me who is that Baba with a crown. I have Sai's picture with the saffron cloth, tied to his head so I could not understand at that time what she was talking about.

After 2 weeks, I received a picture of Baba with a crown (from Shirdi). I left it on my altar. That same woman came visiting me again, saw the picture of Baba and said "This is the same crown I saw in my vision" I knew for a fact that Baba had visited her, here in Kuwait. Amazing isn't it.  
Sunita, Kuwait

**Source : Saidarbar Files**

## **NEWS FROM SAIDARBAR – HYDERABAD**

### **Saidarbar -TV channel-Internet World TV**

On completion of one decade of Saidarbar movement, Saidarbar channel in Internet World Television is in operation from 12-02-2009.

Sai devotees may click on the website: <http://saibanisa.blogspot..com>  
Valuable feedback and suggestions are welcome on [saidarbar@gmail.com](mailto:saidarbar@gmail.com)

### **7. SAI WITH CHILDREN:**

**Smt. Madhu Gopal Ravada, Saidarbar, Hyderabad.**

Hello Children! I am Madhu aunty. Do you know Baba use to play with children and used to tell stories to them? I felt children visiting Saidarbar should be entertained with good stories. Now I want to tell the stories what heard in my child hood.

#### **The Peacock and the Tortoise**

Once upon a time a peacock and a tortoise became great friends. The peacock lived on a tree on the banks of the stream in which the tortoise had his home; and daily the peacock after he had a drink of water danced near the stream and displayed his gay plumage for the amusement of his friend.

One unfortunate day, a bird-catcher who was on the prowl caught the peacock and was about taking him away to the market. The unhappy bird begged of his captor to allow him to bid his friend the tortoise good-bye, as it would be the last time he would see him.

The bird-catcher allowed him his prayer and took him to the tortoise, who was greatly moved to see his friend a captive. The tortoise asked the bird-catcher to let the peacock go; but he laughed at the request, saying that was his means of livelihood.

The tortoise then said, "If I make you a handsome present, will you let my friend go?" "Certainly," answered the bird-catcher that is all I want." Whereupon the tortoise dived into the water and in a few seconds came up with a handsome pearl, which, to the great astonishment of the bird-catcher, he handed to him. This was beyond his expectations, and he let the peacock go immediately.

A short time after, the avaricious man came back and told the tortoise that he thought he had not paid enough for the release of his friend, and threatened that, unless a match to that pearl was obtained for him, he would again catch the peacock. The tortoise, who had already advised his

friend to betake himself to a distant jungle on being set free, was greatly enraged at the greed of this man.

"Well," said the tortoise, "if you insist on having another pearl like it, give it to me and I will fish you out an exact match for it." The stupidity of the bird-catcher prevented his reasoning that "one in the hand was equal to two in the bed of the stream," and he speedily gave the pearl to the wily tortoise, who swam out with it saying, "I am no fool to take one and give two!" and forthwith disappeared, leaving the bird-catcher to be sorry ever after for his covetousness.

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## **FOR STARTING A SAIDARBAR CHAPTER OUT SIDE INDIA:**

Please contact: [saidarbar@gmail.com](mailto:saidarbar@gmail.com)

## **8. SPIRITUAL GEMS FROM SAI SATCHARITRA**

[swamymain@yahoo.com](mailto:swamymain@yahoo.com)

Fri, Dec 26, 2008 at 12:11 AM

Shri Sai Satcharitra

### **Chapter XXXII**

#### **In Quest of Guru and God - Fasting Disapproved.**

In this Chapter Hemadpant describes two things: - (1) How Baba met His Guru in the woods, and through him God; and (2) How Baba made one Mrs. Ghokhale, who had made up her mind to fast for three days, eat Puran-Polis.

There are other schools where you see an altogether different spectacle. The disciples go there to seek knowledge and spend their money, time and labour; but ultimately they have to repent. The Guru there boasts of his secret knowledge and his straight-forwardness. He makes a show of his sacredness and holiness, but he is not tender at heart. He speaks a lot and sings his own glory; but his own words do not touch the disciples' hearts and they are not convinced. So far as Self-realization is concerned, he has none. How can such schools be of any use to the disciples and how can they be benefited? The master (Guru) mentioned above was of different type. By his grace, realization flashed upon me of itself, without effort or study. I had not to seek anything, but everything became clear to me as broad day-light. The Guru alone knows how the topsyturvy Suspension, 'with head down and feet up' can give happiness!

*Sai Ram. True to some extent but if destiny wills it, the real Guru goes to such a false Guru as a disciple and transforms the false into true, as was done by Sri Sai when He accepted the pseudo Guru Jawahar Ali and transformed him by His selfless and loving service. True love is the philosopher's stone, and convets base metals into pure gold. Also, if the disciple gives up the ego totally, the real Guru helps as is shown in Sri Guru Charitra. Thus there is no false guru. The false guru also is a facet of the real Guru and helps the disciple by removing some karmic debts (Kanchanam Karma Vimochanam). Sai Ram.*

Among the four, one was a Karmatha (Ritualistic) who only knew how to observe, and abstain from, certain rites; the second was a Jnani, who was puffed up with pride of knowledge and the third was a Bhakta who surrendered himself completely to God, believing that he was the sole Doer. When they were discussing and arguing, the question of God turned up, and they, depending on their unaided knowledge, went in search of Him.

*Sai Ram. All are different facets of the same self. Sai was the ripe fruit or vegetable, as mentioned in the Maha Mantra (Tryambakam Yaja mahe, sugandhim pushtivardhanam, urvaruka miva bandhanat mrutyor muksheeya mamrutat). The Jnani's jnana was contaminated with pride. The bhakta who surrendered himself to God was unable to see God in the fellow human being. Thus each of them was suffering from the egoistic perceptions like the blind men and the elephant. Sai was ready to break through the wall that kept him from the whole. Sai Ram*

**S.V.Swamy**

**To be continued.....**

## **9. ARTICLES FROM SAI DEVOTEES**

### **UGADI – GUDIPADWA (27-03-2009)**

Ugadi (literally - the start of an era) is the New Year's Day for the people of the Deccan region of India. While the people of Andhra Pradesh and Karnataka use the term Ugadi for this festival, the people of Maharashtra term the same festival, observed on the same day, Gudi Padwa.

The festival marks the New Year day for people who follow the southern Indian lunar calendar, pervasively adhered to in the states of Andhra Pradesh, Karnataka and Maharashtra. This calendar reckons dates based on the Salivahana era (Salivahana Saka), which begins its count from the supposed date of the founding of the Empire by the legendary hero Salivahana. This Empire is generally accepted as being that of the "Andhra Dynasty". The Salivahana era begins its count of years from the year corresponding to 78 AD of the Gregorian calendar. Thus, the year 2000 AD corresponds to the year 1922 of the Salivahana Era.

In the terminology used by this lunar calendar, Ugadi falls on Chaitra Sudhdha Paadyami or the first day of the bright half of the Hindu month of Chaitra. This generally falls in the months of March or April of the Gregorian calendar.

Observance in Andhra and Karnataka

The Telugu and Kannada people celebrate the festival with great fanfare; gatherings of the extended family and a sumptuous feast are de rigueur. The day, however, begins with ritual showers followed by prayers, and then the eating of a specific mixture called "Ugadi Pachhadi" in Telugu and "Bevu-Bella" in Kannada, symbolizes the fact that life is a mixture of pleasure and pain, which should be accepted together and with equanimity.

Later, people traditionally gather to listen to the recitation of the religious almanac (Panchangam) of the coming year, and to the general forecast of the year to come.

### Observance in Maharashtra

The festival is called "Gudi Padwa" in Maharashtra; it heralds the advent of New Year and is one of the most auspicious days for Maharashtrians.

It is customary to erect 'Gudis' on the first day (Padwa) of the Marathi New Year. 'Gudi' is a bamboo staff with a colored silk cloth and a garlanded goblet atop it, which symbolizes victory or achievement. Hence, this day is known as "Gudipadwa" in Maharashtra. The New Year is ushered in with the worship of the "Gudi" and the distribution of a specific "Prasadam" comprising tender neem leaves, gram-pulse and jaggery.

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### **SAI'S PHILOSOPHY:**

#### Sairam

At the outset, I request you to accept my humble pranams. To talk of Shirdi Sai's philosophy is like attempting to measure energy contained in the five basic elements of the universe i.e. Air, water, fire, earth and sky. Making attempt to measure their energy content is like experiencing both present and future at the same time. In chapter-3 of Sri Sai Satcharita, Baba said -"I reside in the hearts of everyone. My presence is spread all over the living force. I am the driving force behind all that is happening everywhere. I am all-pervasive, I am the cause for creation and I am the universal mother".

**Sadhgurus are like lamps in society helping us to remove the darkness into which we are embedded.** It would be foolish to probe into the raw materials with which the lamps are made. Sai lighted the lamps with water in Dwarakamayi that gave light to the surroundings and removed the darkness called ignorance. We should give importance to the light received rather than how and from what source the light is emitted. It will be appropriate to say that I would be much happier to go by the path of light as shown by Lord Sainath.

Whenever I hold Satcharita in my hands for parayana, I always felt in my mind as if Sai wanted to convey that - "**My children are like flying kites in the sky. Twine attached to the kite for flying is their life. Baba said-"I am like the bobbin to ensure that the twine never gets entangled"**". This is in line with one of the eleven assurances of Sai wherein He said that- "I shall always protect my devotees whenever called for, from my Samadhi".

I was feeling sad that I could not undertake any pilgrimage. Sai consoled me saying-"**You need not go to Haridwar for having darshan of the Lord Hari. Close your eyes and open the gates of your mind and you can find Hari there"**". This tatva, we can find in chapter-15 of Sri Sai Satcharita, as told by Baba himself- "I reside in everybody's hearts. Pray on me and I shall always be Eveready to protect you".

**The breeze flowing from Sai sagar will be the same either inside the towering buildings built by wealthy people or in small huts constructed by the poor ones by their side**". This is rightly demonstrated by the same amount of love and affection Baba showered on all. Baba loved equally all the three devotees- Gopal mukund booti – a well to do rich man, Shyama- a poor teacher and Bhagoji shinde-a person suffering from Leprosy- all belonging to different sections in society.

**“Taking bath after performing the last rites of an unclaimed body is as good as bathing thousand times in the holy Ganges.”** Baba stood as an example for this act by performing the last rites of his ardent devotee ‘Megha’.

**“Do not hate a rich person and do not humiliate a poor man”.** Let us refer to chapter-12 of **Sri Sai Satcharita**, Baba sent millionaire, Gopala mukund buti to a poor Brahmin Mule Sastri for collecting the Dakshina from him and thereby fostered friendship between the rich and poor

**“Sexual relationship with one’s own wife is like sugar. Extra marital affairs are like inviting more sugar into the body than what is needed”.** We come across this tatva in chapter-49 of Sri Sai Satcharita. A well to do man came from Bijapur along with his family for having darshan of Baba. The woman lifted her veil. Nana sahib chandorkar, seated by the side of Baba was stunned by her extra ordinary beauty and was eager to watch the woman’s face again and again. Baba cautioned and controlled Nana in time and thereby corrected him.

**How long can you keep running away from the death that is following every moment like a shadow? Therefore do not be scared of death**". We come across this tatva in the chapter-33 of Sri Sai Satcharita .Baba used to distribute ‘udhi’ to His devotees to constantly remind that the physical body would one day turn into ashes after going through all phases in one’s life cycle.

**“There is no point in going on thinking how one’s last rites would be performed. They would certainly happen as per the karmic deeds.** In line with this tatva, Baba supervised the last rites of Megha, His ardent devotee. However when Radhakrishanmai died under mysterious circumstances, Kopergaon police performed her last rites.

**“Never travel with others while travelling on the spiritual path. You should do it all alone under the guidance of Sadhguru”.** We come across this aspect of tatva in chapter-26 of Sri Sai Satcharita. Bhakta Panth came for having Baba’s darshan and fell unconscious. Baba sprinkled water on his forehead. On Panth coming back to senses, Baba said- “Come what may; do not loosen your grip. Always stay firm and keep faith in your Guru”. In this way Baba wanted everybody to move forward in a path shown by their Guru.

**We can get more information from Saibanisa's discourses on “SAI’S PHILOSOPHY”.**  
**Those who are interested in obtaining the MP3- Format CD may kindly contact:**  
[saibanisa@gmail.com](mailto:saibanisa@gmail.com)

In the Service of Lord Sainath and His devotees,  
**Sai Sevak SrinivasaRao Kasturi**

## 10. LETTERS FROM SAI DEVOTEES

[gallivan@eircom.net](mailto:gallivan@eircom.net)

Wed, Mar 11, 2009 at 3:10 PM

SaiRam,

This is a great improvement on your previous layout. I always found that clicking on the corner was a slow and tricky procedure. This is now an improvement! Every success!

**Patrick Gallivan**

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[rajsuperstar\\_kulshrestha@yahoo.co.in](mailto:rajsuperstar_kulshrestha@yahoo.co.in)

Mon, Mar 9, 2009 at 1:12 AM

SaiRam,

This e-magzine was fantastic. It has helped the bhakt of Shri Sai Baba to stay connected to Shirdi through this Sai Sansthan. It's my request that you should add latest video of Sai aarti on you tube. Please send me the links on my above id.

thanking you

**Samarth Kulshrestha**

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[parida.trupti238@gmail.com](mailto:parida.trupti238@gmail.com)

2009/3/5

SaiRam,

Very nice one! Keep it up.

**Trupti.**

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[sirisha.y\\_2007@yahoo.com](mailto:sirisha.y_2007@yahoo.com)

Mon, Mar 16, 2009 at 2:09 PM

SaiRam,

Aarti's are a click away it was great. The concept and purpose of whole E-Magazine itself is good. Sai guides us all, you believe Him. He is ours for ever. Jai Sainath.

**Sirisha**

## 11. SAI'S BOOK WORLD:

**Title: Sri Sai Baba Ashtottarasata Namavalih**

**Author: Ms. Zarine Taraporewala**

Shri Sai Baba Sansthan D M Sukthankar

Shri Sai Baba Sansthan Shirdi, Rahata - 423 109

Ahmednagar Dt., Maharashtra State

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**Title: God's Rainbow & other short stories**

**Author:** Ms. Zarine Taraporewala  
Meher Dhun Endowment Nata Shahi  
69 Worli Sea Face, Mumbai - 400 025

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**Title: Ambrosia In Shirdi**

**Author: Ms. Vinny Chitluri**  
304-Bhagchand Apts, Pimpalwadi Road  
Shirdi - 423 109

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## **12. EDITORIAL**

Things impressed me from this magazine:

If you want to maintain a contented life – you must develop an attitude to help others, use the wisdom in your work and do not aspire for ambitions that are beyond reach.

Mind can be controlled by practice and dispassion. Out of these two, for meditation practice is more essential.

Sai devotees may write about their Sai activities in their place, essays, articles and poetry on Sai to "The Glory of Shirdi Sai" they may be address their contributions to E-mail id: [saidarbar@gmail.com](mailto:saidarbar@gmail.com)

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**Submitted by: SAI SEVAK SRINIVASA RAO KASTURI.**