

# **THE GLORY OF SHIRDI SAI**

**Seventh Year of Publication**

**Published as Bi-Weekly**

**Issue 04/ 2009**

**12-02-2009**

**www.saidarbar.org**

**WITH SAI KRUPA**

**"SAIDARBAR" STEPS IN TO ELEVENTH YEAR**

**&**

**"THE GLORY OF SHIRDI SAI" ENTERS THE SEVENTH YEAR**

**GURUR-BRAHMA, GURUR-VISHNUH; GURU-DEVO MAHESWARAHA;  
GURUR-SAKSHATH PARAM BRAHMA; THASMAI SREE GURAVE  
NAMAHA:**

Sairam. You can watch Live Web casting from Shirdi Sai Samadhi Mandir from following Link:

<http://www.shrisaibabasansthan.org/onlinedarshan.asp>

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**1. FROM THE SATSANGHS OF SAIBANISA JI**

<http://saibanisa.blogspot.com/>

**FOUNDATION STONES FOR THE SPIRITUAL LIFE**

1. While earning money, do not be casual. Get proper returns for the services rendered.
2. Keep away from the people having bad habits and evil thoughts.
3. Do not aspire for the extra martial life affairs.
4. Avoid abusing others.
5. Do not aspire for the desires which are beyond your reach.
6. Avoid over ambition in life.
7. Think always that others know better than you and you are one step below them.
8. Do not boast about your selves and your family members

9. Do not hurt other's feelings.

10. Live in a place where you get good air and light to maintain good health.

Compiled by:

Sai Sevak Smt. Rajeswari Kasturi.

To be continued.....

## **2. SAI'S NEWS FROM THE TIME MACHINE:**

February 25,1912: Madhavrao Deshpande (Shama) left Shirdi to attend Kakasaheb Dixit's thread ceremony at Nagpur and Nanasaheb Chandorkar's son's wedding at Gwalior.

February 14, 1914: Mr.B.V.Deo was charged by Baba for stealing His rags and after lot of abusing and scolding was favored with instructions to read Dhyaneswari regularly every day as per Deo's desire.

## **3. SAI IN DREAMS:**

These are the dream sequences and messages as received by SaiBaNiSaji From our beloved GURU LORD SAINATH OF SHIRDI. In Anticipation that this feature will help in one's spiritual growth are hereby compiled from his personal Diary and presented to SAIBANDHUS.

Translated and presented by RAGHU RAMAN SATULURY.

02-05-1996

Yesterday night Sai appeared as a doctor and surprised me with the words-

The present preparation for the heart surgery is the sum total of the mistakes carried out during your past life. You have at the first instance spent Rs 7/- towards drinking beer in the year 1966. Now see for yourself how much you have to spend for the surgery.

Sai confirmed that he knew all my past.

04-05-1996

Yesterday night, Sai appeared as a fakir and said-

- 1.You will soon recover and play mouth organ.
2. After 15-05-1996, God's grace will shower on you.
- 3.I have seen the old movie (angiogram). Let me rest for a while in your lap.
- 4.Eat simple food only from now onwards.

5. Entertain even your bitter enemy with a smile.

7. Never enter into money related conflicts, as money is not everything in life. You need peace of mind to survive.

Eat simple and change the behaviour pattern for better living.

06-05-1996

Sai appeared as a fakir in the dream and said-

1. You will participate in Satsanghs after undergoing Bypass surgery. Practice equality in such gatherings.

2. Gently smile when you come across your old friends and maintain distance.

3. You're lucky to recover fast in comparison to your relative miserably bed-ridden for sixteen long years.

4. You are imprisoned along with other prisoners in this police station (world). Plead with the jailor and ask for separate room under the pretext of ill health.

Disassociation from the bad companionship is the only way.

To be continued.....

#### **4. QUINTESSENCE OF SRI SAIBABA'S PHILOSOPHY:**

(By Late Sri Bharam UmamaheswaraRao)

"Shashi": shashi\_31@yahoo.com

#### 32. Significance of Meditation

Preliminaries to Meditation

How to Practice Concentration on God Daily?

Pujya Radhakrishna Swamiji said: One should practice concentrating on God daily either in the morning or evening at least for 10 minutes. If the mind gets into the habit of going with a single form, then it will be easier to merge in a single thought. In the beginning, the mind is sure to wander around. Let it go wherever it wants to. When we come to know that the mind has slipped away, we must bring it back. We must achieve this by practice. The most important thing to understand is that the senses should be controlled and the mind should be stationed in God. For this, let our eyes see the God's form, let the tongue repeat His name, let the ears hear that sound and let the hands do His bhajan. If this is continuously practiced, the mischief of senses decreases and the mind becomes calm. If we succeed in this, Japa may not be necessary.

If the japa becomes continuous, the form on its own accord is bound to appear. The mind naturally flows towards God. The important thing we have to understand is that the body consciousness should vanish. If we think we are this body, we are the body only. This is the same as saying that the ego should go. When the ego goes, He will come.

If we are in communion with God both in the morning and evening, we can get over our difficulties and problems and secure happiness and peace.

Swamiji also said: Of all the natural activities of man, eating is particularly important in special ceremonies. It is not just stuffing the belly. It is a vital function charging life with fuel, on the quantity and manner of which will depend the functioning of the entire psycho-physical mechanism of man. Food affects not only internal purity but also the mental purity. From purity of food arises purity of mind; purity of mind leads to divine dwelling and out of such dwelling is effected the breaking of all bonds, supreme liberation. Those who exercise discrimination over food can keep away thoughts of sex also. Control of senses lies in the control of taste. Milk and fruits are useful in achieving control over the senses rather than spices and sweet dishes. Food taken from the point of view of health and not for its taste is always beneficial in ensuring food-control. If we take food for the sake of health and for gaining spiritual strength, the food will surely produce good results. If on the other hand, we take our food without any thought of what good it will do to the system, if it is merely taken for the taste, it will make the mind weak and open to all evil influences. Hence, the food prepared neatly in all its purity – Sattwic type of food offered to God and if taken, it gives real value for it. By purification of the senses, mind is controlled. The nature of the food reacts on the mind and moulds the character. Sattwic food is delicious and nourishing and conducive to the health of the body, longevity and development of the intellect.

To be continued.....

## **5. IN THE DAYS OF SHRI SHIRDI SAIBABA**

BABA cured chicken pox and saved the youngest child of Shri Moreshwar Pradhan

Shri Moreshwar Pradhan and his wife Chottubai loved Baba from the bottom of their hearts and carefully followed every word of Baba, Baba in His turn took care to look after their welfare. Once all their children had Chicken pox, all of them except the youngest got over that illness, but the youngest who was the weakest of all did not get cured and one day his illness took a serious turn.

Doctors gave up all hopes of child's recovery. All the symptoms of collapse appeared on the child's face, parents sorrowfully waited upon the child chanting Baba's name. When Chottubai suddenly fell asleep and in the dream she saw Baba appearing before her and said what is all this? The child is alright safe and sound. He would ask something to eat at 6:30 A.M, give that to him with out fear.

Chottubai woke up and was surprised to see that the child showing symptoms of good health, the child was fast asleep his fever had left him and the persons. All were very happy. Correctly at 6:30 A.M. the boy asked for his meals as Baba predicted and the mother at once gave him all he wanted. A few days after, he fully recovered.

BABA cured the illness of Ganesh Gopal Mahajan and fulfilled his desire

A boy of Sawantwadi named Ganesh Gopal Mahajan was very weak and so from time to time he suffered from some illness or other. His devoted mother therefore, very much wished that if the boy go to Shirdi and pay respect to Baba, his health might improve. The boy was also very anxious to go to Shirdi

but he was a mere Clerk of Rs.15/- per mensum at Khatav Mahajan mills. The mill manager R.A.Tarkad is also Baba's devotee.

As a water pump at Shirdi required repaired very badly, he arranged to send an Engineer to Shirdi. The Engineer determined to utilise this opportunity by taking his family with him. Mrs. Tharkad also seeing that the Engineer was proceeding to Shirdi with his family joined them, coming to know of this, the boy Ganesh went to Victoria Terminus with some flowers and with some fruits to be sent to Baba with the party going. Mr.Tarkhad was there.

A few minutes before the train was to start, Mr.Tharkad asked Ganesh that if he would go to Shirdi, he may. On hearing the boy's reply in affirmative, he handed over to him a rail way ticket saying that one member of the party had not turned up and so the ticket was a surplus. The boy sent word to his mother about his going with some Thana passengers and proceeded to Shirdi, thanking Baba for the arrangement that He had made for going to Shirdi and paying his respects to Him and from then on he was alright.

## **6. DEVOTEES EXPERIENCES:**

Alpesh Patel

alps07@yahoo.com

Sadguru Sainath Maharaj Ki Jai!

Hello Sai devotees. I would like to post my experiences in Shirdi and with Sai Sat Charitra, i.e. With Saibaba himself.

Earlier I was much interested in spiritualism and in transcendence of the self. I read many books of philosophy and religious scriptures. Also I would visit many saints and gurus in the search for truth. I was (and am) very much attracted towards J. Krishnamurti's words. I was experimenting with the awareness of self. Whatever feeling I use to get I let it flower and watched them. The general tendency of human being is trying to run away from the painful experiences. I would not do that and watch the pain or pleasure flower.

Somehow I had respect for Shirdi Sai Baba. Once I tried reading Sai Sat Charitra, and had put down the book thinking it has stories of mere miracles and not much about self transcendence. However respect for Baba was the same. While experimenting with different styles of meditations which I used to do with awareness on self I had started feeling subtle vibrations at holy places like temples and pilgrimages.

It happened that two of my friends decided to come with me to Shirdi as I had thie passion to visit places of pilgrimages. We reached Shirdi and had darshan at the Samadhi temple. It felt nice, however I could not feel many vibrations there, there was a feeling of calmness, serenity and silence.

Then we went for the darshan of Gurusthan and then to Dwaraka Mai, We had darshan of dhuni and then opposite to the dhuni was the stone on which Baba used to sit. Devotees were placing their heads on the stone and there was a small queue for the same. Since I did not like standing in the queue I stood near the stone waiting for the small queue to get over.

As I was standing I felt as if someone was hitting my legs with the sand. I was wearing jeans and when I looked down there was nothing to be seen hitting my legs still the feeling was the same and soon the feeling took over the other parts of the body. My friends had the same feeling. I had never felt the subtle vibrations so strong, ever. I was getting overwhelmed. We stood in the queue, which was reduced to about three devotees. I placed both my hands on the stone and then the head. What great energy I felt. Whole of my vertebrae column was vibrating and I felt energy rushing between my eyebrows. I stayed there for about 3 minutes. My friends later told that a devotee wanted to disturb me as there were devotees waiting in the queue. But another devotee stopped him by saying Achi Bhakti kar raha hai (he is doing good devotion). I was like drunken, drunk with the divine energy of Baba. I sat besides the stone enjoying the bliss and the energy I was receiving. Both my friends had the same energy. We sat there and again and again put our heads on the holy stone with the same effect. The feeling of that great energy the presence was felt even when we reached hotel and thereafter for few days. This presence is always felt whenever I go to the Holy Land Shirdi.

While in Shirdi we had bought Sai Baba's pictures, the original one with the umbrella. After reaching home I was watching the photo and the energy began to rise within and accumulated between the eyebrows, I kept watching and felt the presence within and without. What energy that is, one thing is sure that such energy cannot be created by us, but can only is received by grace. I feel so thankful to merciful Baba who showers this grace on unworthy child like me. Yes whenever I feel this presence I am sure that it cannot be produced by my efforts.

Once I got impatient and thought why I cannot have this energy every second of the day. I want to be in the same energy always (I still have this feeling). So I decided that I would sit watching Baba's picture until I get the self-realization. I decided that I would do nothing else but keep watching Baba's picture. I watched the picture for about an hour. I thought that I should also read Sai Sat Charitra, as the energy felt was too much.

I casually opened the book and began to read. The chapters 18 and 19th [http://www.saibaba.org/satcharitra/sai18\\_19.html](http://www.saibaba.org/satcharitra/sai18_19.html) I was reading. These chapters had the story of the author who had the similar thought of impatience. Baba had sent him to chitchat with another devotee Shama. Shama then narrated the story of Mrs. Radhabai Deshmukh, who had decided and gave up food until Baba gave her a mantra. Then Baba called her and told her his own story where he had said that he had served his Guru for long and his guru had asked for two paise. Those were Shraddha (faith) and Saburi (patience). Here I was struck with the word patience with great impact and also in the second last paragraph the words To some devotee, who was practicing Hath-Yoga, He sent word that he should leave off Hath-Yoga practices, sit quiet and wait (Saburi) struck me. I then left the idea of hath and decided to remember and watch his picture with Saburi. Here I remember the Shree Ramakrishna Paramhansa's words that how could one who thinks about consciousness get unconscious. So how can one who watches the picture of consciousness incarnate get unconscious? I still meditate on Baba's picture and feel this consciousness within and without. I was also very much against the miracles. There is a very good book Meher Baba on Sai Baba. In which Meher Baba had explained that to perform miracles for the awakened ones is not a big deal (here I am writing as how I have remembered or interpreted not exactly what is written) they perform miracles so that they can attract devotees and give them what they want them to give. And also there is nothing like miracles. Our small mind when it sees something happening, which it is beyond it's grasp it calls it miracle. And nothing was and is beyond Baba's grasp. For instance television, or phone or radio or even switching of the light bulb would be termed as miracles by the people living in 15th century.

In the similar manner many times when I would feel troubled and casually read Sai Sat Charitra. I have opened the chapters that would get my agitated mind and lead it to peace. Other great thing about this blessed book the invaluable gift to us by Baba is that even holding it makes me feel the presence.

Once I was in deep emotional pain. I felt that the very roots of my being were shaken and I choose to get in this painful experiences rather than avoiding them. The pain was deep and I thought I would go mad by this painful experience. My body was like paralyzed by the emotional pain and I was lying on the bed. At that time I put Sai Sat Charitra on my heart I felt much energy going from the book in my heart and balanced it. The pain was there but the energy to sustain was received.

On another instance I had gone to meditate in a group conducted by a well-known guru (here I am not in any way trying to write against that or any other Guru). There were about 15,000 people mediating. The energy went so high that people began to scream and laugh and cry. The energy within me was also going high and I thought that my brain would not be able to take such energy. I had taken Sai Sat Charitra with me. I held it and all the energy were diverted to the place between the eyes. The energy was well directed by holding this precious gift by Baba.

I have also bought a shawl from Sai Sansthan Shop in Shirdi and get touched by Samadhi of Baba. The shawl when placed on my body also makes me feel this presence.

I had this desire of touching and placing my head on the articles used by Baba. Last time I was I Shirdi and was visiting a house of a devotee of Baba, when Baba was still in the human form. The ancestor of the devotee suddenly stood up and started showing me the articles used by Baba, the kafni, the satka, the tin pot, the footwear, which were gifted by Baba to his forefather devotee. Not only this, he insisted that I hold them for a while.. There were devotees in queue before me and after me, none he asked to hold them but me. Sad Guru Sainath Maharaj ki Jai.

Source : From Saidarbar files

## **7. SAI WITH CHILDREN:**

Smt. Madhu Gopal Ravada, Saidarbar, Hyderabad.

Hello Children! I am Madhu aunty. Do you know Baba use to play with children and used to tell stories to them? I felt children visiting Saidarbar should be entertained with good stories. Now I want to tell the stories what heard in my child hood.

The Seven Weavers and the Field of Flax

Seven weavers once started on a moonlight journey. They had not gone very far from their home when they lost the road. After trying to find their way, they came to a field of flax, which they took to be a river, as the field was in flower, and they fancied the blue colour of the flower to be that of water.

They stripped themselves and began swimming. After hard labour, they got across. To make certain that no one was drowned, they took the precaution of counting themselves before resuming their journey; but they discovered that one of them was missing, as each forgot to count himself.

Grieved at the loss of one of their company, they had not the heart to pursue their journey, but returned home.

## **8. SPIRITUAL GEMS FROM SAI SATCHARITRA**

swamymain@yahoo.com

Fri, Dec 26, 2008 at 12:11 AM

Shri Sai Satcharitra

Chapter XXXII

In Quest of Guru and God - Fasting Disapproved.

In this Chapter Hemadpant describes two things:- (1) How Baba met His Guru in the woods, and through him God; and (2) How Baba made one Mrs. Ghokhale, who had made up her mind to fast for three days, eat Puran-Polis.

SSG: Sai Ram. This chapter, like the others before and those to follow is entertaining and at the same time, instructional. Sai Ram.

The Quest

Once four of us were studying religious scriptures and other books and, being thus enlightened, we began to discuss the nature of the Brahman. One of us said that we should raise the self by the Self and not depend on others. To this the second replied that he who controls his mind is blessed; we should be free from thoughts and ideas and there is nothing in the world without us. The third said that the world (phenomenon) is always changing, the formless is eternal; so we should discriminate between the Unreal and the Real. And the fourth (Baba Himself) urged that bookish knowledge is worthless and added, "Let us do our prescribed duty and surrender our body, mind and five pranas (life) to the Guru's feet. Guru is God, all pervading. To get this conviction, strong unbounded faith is necessary."

Sai Ram. Bookish knowledge is also a form of enlightenment as mentioned above but that is not the end. It is rather the beginning. Even without bookish knowledge, it is possible to get enlightened, as shown by Baba Himself. No one has seen Him studying or discussing literature, religious books etc. but He was wise beyond our comprehension. Sai Ram.

Discussing in this wise, we four learned men began to ramble through the woods in the quest of God. The three wanted to make the quest with their free and unaided intellect. On the way a Vanjari (a man who trades in certain things, such as grain etc. by carrying them on bullock) met us and asked us, "It is

hot now, where and how far are you going?". "To search the woods", we replied. He enquired, "On what quest are you bound?" We gave him an ambiguous and evasive reply. Seeing us rambling aimlessly, he was moved and said, "Without knowing the woods fully, you should not wander at random. If you want to walk through forests and jungles, you should take a guide with you. Why do you exert yourselves unnecessarily at this sultry noon-time? You may not give out to me your secret quest; still you can sit down, eat bread, drink water, take rest and then go. Be always patient at heart."

Sai Ram. Vanjari means one who moves through the forest and hence an Acharya, a Guru, who has traversed the path and is thus qualified to lead us, the seekers. He trades in by taking away our ego and giving us the knowledge about ourselves. Sai Ram.

S.V.Swamy

Author, Editor and Book Reviewer

## **9. ARTICLES FROM SAI DEVOTEES**

### SAI AS LORD SIVA

Sairam,

Today's discourse is mainly centred on my aim to project similarities between Siva mahapurana, and Sri Sai Satcharita.

Suthamahamuni narrated the Siva mahapurana to the gathering of Munis and Tapaswis. On the other hand, Hemadripanth with the blessings of Sainath had gifted Sai Satcharita to Sai devotees.

In Vidhyeshwara Samhitha of Siva mahapurana, Lord Siva said, "There is no difference between me and my Sivalinga, or between Linga and my Murti. Follow the ritual of praying my Linga. Where ever Linga is installed and worshiped on a regular basis, I shall always be present there".

In chapter- 41 of Sri Sai Satcharita, Shirdi Sai Baba said," There is no difference between me and my photograph."

Baba's statue was installed in Samadhi mandir after Baba attained Mahasamadhi. Let us remember that there is no difference between Sai and His statue. Sai in an invisible form entered Megha's bedroom and sprinkled turmeric rice and advised him to draw the symbol of Trishul. Next day a Sivalinga was installed in Gurusthan. Probably that could be the reason behind installation of Nandi facing Sai in every Sai temple.

In Rudrasmhitha, Brahma said to Naradha-"Siva is present within you, inside me and in everybody's hearts without exception". Those who believe that entire universe is made out of Siva will certainly be blessed.

In the chapter- 15 of Sri Sai Satcharita, Baba said," I am always present in your heart, as well as in everybody's hearts. Do worship me".

In Vidhyeshwara Samhitha of Siva mahapurana, the importance of Bilwa tree is mentioned. Bilwa tree is symbolic of Lord Siva himself. It is said that those who worship Lord Siva with leaves of Bilwa, flowers

and sandalwood paste would be blessed with a son. Those who light lamps around the tree will be enriched with knowledge about Lord Siva.

In the chapter-28 of Sri Sai Satcharita, Megha, on the day of Makara Sankranti, treated Sai as his Lord Siva, and placed leaves of Bilwa tree on Baba's head .He offered him bath with the water he carried all the way from the river Godavari and in the process could win the heart of Sainath.

In Rudrasamhitha of Siva mahapuran, the importance of feeding the poor is highlighted. Merits and demerits of individuals need not be considered while serving food.

It is well known fact that life is sustained by food and those who engage in offering food are indirectly giving a new lease of life to the needy. There is no charity greater than offering food to the hungry ones.

In the chapter- 38 of Sri Sai Satcharita, the importance of food and Annadhanam was mentioned. Baba used to prepare food with his own hands in two big vessels and served others.

We can get more information from Saibanisa's discourses on SAI AS LORD SIVA. Those who are interested in obtaining the MP3- Format CD may kindly contact: saibanisa@gmail.com

In the Service of Lord Sainath and His devotees,

Sai Sevak SrinivasaRao Kasturi

## **10. LETTERS FROM SAIDEVOTEES:**

[rkchopra\\_ca@yahoo.com.au](mailto:rkchopra_ca@yahoo.com.au) Wed, Jan 28, 2009 at 2:36 AM

SaiRam,

I have received the CD sent by you. I have listened the first discourse today and am highly impressed with your beautiful comparison between Sai Baba and Lord Rama.

Good work. May Sai Baba bless you.

Jai Sai Ram

Raman Chopra

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[chittamuris@gmail.com](mailto:chittamuris@gmail.com) Fri, Jan 16, 2009 at 9:04 PM

Sairam

While casually surfing the net, surprisingly took me to your Blog.

<http://saibanisa.blogspot.com>

With Interest I could completely surf your Blog. As a Matter of Fact, we are Sri Sai's devotees. After Listening to your Pravachanams I have become your FAN. Please accept our Pranams

Yours

Sreenivasamurthy chittamuri

-----

[sanjayayade@rediffmail.com](mailto:sanjayayade@rediffmail.com) Sun, Feb 1, 2009 at 11:31 AM

SaiRam,

Great.....

I have no words to say.

Regards

Sanjay

-----

Response by Saidarbar team:

[vijishvanya@gmail.com](mailto:vijishvanya@gmail.com) Sun, Feb 1, 2009 at 11:31 AM

Sairam Sanjay Ji,

Thanks for your kind feedback.

Sairam

Vijay

-----

## **11. SAI'S BOOK WORLD:**

Title: Shri Sai Satcharitra

Author:Govind Raghunath Dhabolkar

Shri Sai Baba Sansthan,

Shirdi P.O Shirdi, Dist. Ahmednagar, Maharashtra

&

Shri Sai Baba Sansthan, Shirdi Sai Niketan

804-B Dr. Ambedkar Road, Dadar, Mumbai - 400 014

-----  
Title: Sree Sai Samartha Satcharita

Author: Ms. Zarine Taraporewala

Sai Press India Pvt.. Ltd, C-40 Okhla Industrial Area

Phase – II, New Delhi - 110 020

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Title:Shri Sai Satcharita

Author Ms. Indira Kher

Sterling Publishers Pvt. Ltd L-10, Green Park Extn New Delhi - 110 016

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## **12. EDITORIAL**

Things impressed me from this magazine:

Let the tongue repeat His name, let the ears hear that sound and let the hands do His bhajan.

If this is continuously practiced, the mischief of senses decreases and the mind becomes calm.

Sai devotees may write about their Sai activities in their place, essays, articles and poetry on Sai to "The Glory of Shirdi Sai" they may address their contributions to E-mail id: [saidarbar@gmail.com](mailto:saidarbar@gmail.com)

We shall put in our best efforts to include them in the Glory of Shirdi Sai- the Bi-weekly E -Magazine. Unless the author of the articles instructs, not to publish his/her E-mail id, we will publish them as a matter of routine practice.

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Submitted by:

SAI SEVAK SRINIVASA RAO KASTURI.

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